



Thank you for getting a heart screening. In a few days the school will contact you with your results. You will receive a diagnosis that you are either “Low Risk” (95% of the time), “Require a Follow Up” (4.5%), or “High Risk”.

If you are low risk, you are done. Have fun in athletics while pushing yourself. Look out for dizziness, light headed feelings, or chest pain. These are indicators that you need to see a doctor. You do not fit the initial profile that you are at risk.

If you require a follow up, contact one of the following Cardiologists for a limited Echocardiogram. You should watch for things like chest pain, fainting, dizziness, or light headed feelings. This does not mean that you have a problem. The interpretation means that you do not fit the low risk profile using an ECG. An Echocardiogram allows a Cardiologist to get a picture of your heart and fit you into the high risk or low risk profile.

If you are categorized as high risk, you should consult one of the Cardiologists listed below before participating in sports. If you have a relative that has had heart problems, get details on the issues and discuss this at your appointment. You should not participate before getting examined.

Local Cardiologists who have offered to perform limited follow up and high risk exams are:

New Braunfels Cardiology	830-620-1272
Pediatric Cardiology Associates	210-614-3264
Children's Heart Network	210-341-7722



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